

unwholesome *(un-whole-some)*

Definition

adj. 1 harmful to one's physical or emotional health; unhealthy; 2.looking unhealthy or diseased. 3 morally objectionable or unhealthy.

Example Sentence

Stop eating **unwholesome** junk food.

Synonyms

insalubrious; unhealthful; unhealthy ; insubstantial

Antonyms

nourishing; nutrient; nutritious

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