

self-esteem *(self-es-teem)*

Definition

n. confidence in one's own worth or abilities.

Example Sentence

She is trying to build her **self-esteem** through daily affirmations. Spelled with a hyphen.

More Example Sentences

Self-esteem helps us feel good inside.

Synonyms

self-worth; confidence; self-respect

Antonyms

self-doubt; insecurity; low self-esteem

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