

# reliever *(re-liev-er)*

## Definition

n. a person or thing that alleviates pain or stress.

## Example Sentence

The medicine acted as a **reliever** for her headache.

## More Example Sentences

A warm bath is a **reliever** for stress.

## Synonyms

helper; comforter; aid

## Antonyms

aggravator; worsener

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