

# positive body language *(pos-i-tive-bod-y-lan-guage)*

## Definition

n. Nonverbal communication that conveys confidence, openness, and friendliness, often including gestures such as smiling, maintaining eye contact, and open postures.

## Example Sentence

Her **positive body language** during the interview made a great impression on the panel.

## More Example Sentences

Using **positive body language** can help in building rapport with others.

## Synonyms

affirmative gestures; confident stance; open posture

## Antonyms

negative body language; closed posture; defensive gestures

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