

# phytochemical *(phy-to-chem-i-cal)*

## Definition

n. Any of various biologically active compounds found in plants.

## Example Sentence

Phytochemicals in fruits and vegetables contribute to their health benefits.

## More Example Sentences

Research has shown that phytochemicals can help prevent chronic diseases.

## Synonyms

plant compound; bioactive compound; plant chemical

## Antonyms

synthetic compound; artificial additive; chemical preservative

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