

nutrients

Definition

plural n. substances that provide nourishment for growth.

Example Sentence

I need more **nutrients** in my diet.

More Example Sentences

Fruits and vegetables contain many **nutrients**.

Synonyms

vitamins; minerals; food

Antonyms

junk

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

vocabloco.com