

macronutrients *(mac-ro-nu-tri-ents)*

Definition

plural n. Nutrients required in large amounts for the proper functioning of an organism, including carbohydrates, proteins, and fats.

Example Sentence

Macronutrients are essential for providing energy and supporting growth and development.

More Example Sentences

A balanced diet includes an adequate amount of each type of macronutrient.

Synonyms

carbohydrates; proteins; fats

Antonyms

micronutrients; vitamins; minerals

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