

# foundational *(foun-da-tion-al)*

## Definition

adj. relating to the base or groundwork of something.

## Example Sentence

A **foundational** tenet of being a good leader is being a good follower.

## More Example Sentences

They built a **foundational** understanding of math.

## Synonyms

basic; fundamental; essential

## Antonyms

unimportant; trivial; secondary

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