

# flips *(flips)*

## Definition

v. To turn over or cause to turn over with a sudden quick movement.

## Example Sentence

He **flips** the pancake in the air with a flick of his wrist.

## More Example Sentences

The gymnast **flips** effortlessly across the mat.

## Synonyms

tosses; overturns; inverts

## Antonyms

holds; steadies; anchors

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