

# facilitated

 (*fa-cil-i-tat-ed*)

## Definition

v. made something easier or helped it happen.

## Example Sentence

Living in Peru for two years **facilitated** my learning Spanish.

## More Example Sentences

He **facilitated** the meeting for everyone involved.

## Synonyms

aided; assisted; eased

## Antonyms

hindered; obstructed; complicated

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