

# doldrums *(dol-drum)*

## Definition

n. a state of inactivity or stagnation.

## Example Sentence

I was in the **doldrums** about my career until I received a job offer.

## More Example Sentences

Winter can bring the **doldrums** for some people.

## Synonyms

slump; stagnation; boredom

## Antonyms

excitement; activity; progress

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