

# deleterious *(del-e-te-ri-ous)*

## Definition

adj. harmful or damaging to health or well-being.

## Example Sentence

He told us about the **deleterious** effects of smoking.

## More Example Sentences

Some habits are **deleterious** to health.

## Synonyms

harmful; dangerous; detrimental

## Antonyms

beneficial; helpful; good

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