

# calmness *(calm-ness)*

## Definition

n. a state of freedom from excitement or disturbance; free from storm or wind; v. make still or steady; n. steadiness of mind under stress

## Example Sentence

The witness behaved herself with great **calmness**.

## Synonyms

peaceful; quiet; not troubled

## Antonyms

excitement; disturbance

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)