

bibliotherapy *(bib-li-o-ther-a-py)*

Definition

n. A form of psychotherapy in which selected reading materials are used to assist a person in solving personal problems or for other therapeutic purposes.

Example Sentence

The basic concept behind **bibliotherapy** is that reading is a healing experience.

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

vocaloco.com